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Principal: Mrs Stephanie Hardy

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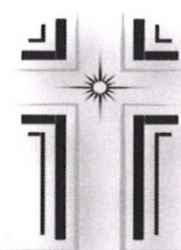
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# St. PHILIP THE APOSTLE CHURCH

1314 Oxford St. Oshawa, ON. L1J 3W6

Phone: 905-725-3275 Fax: 905-434-7531

Email: [stphiliptheapostleos@archtoronto.org](mailto:stphiliptheapostleos@archtoronto.org)

Website: [www.stphiliptheapostle.com](http://www.stphiliptheapostle.com)



@stphiliposhawa



stphiliposhawa

**Pastor:** Fr. Jorge Lopez

[pastor.stphilip@archtoronto.org](mailto:pastor.stphilip@archtoronto.org)

**In Residence:** Sr. Maria, Sr. Cristina, Sr. Elizabeth

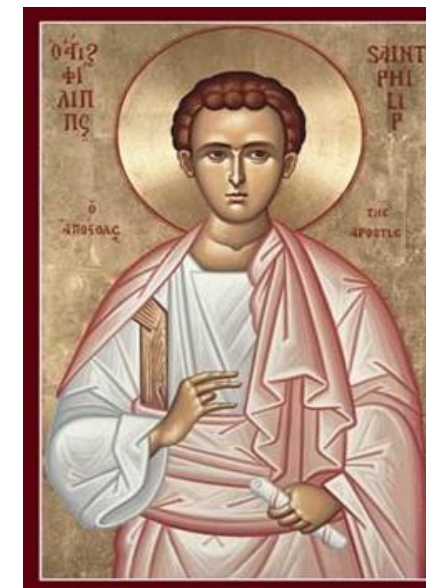
**Religious Community:** CMSSTCJ

**Office Hours:**

Mon-Fri 9am to 12pm

**Church Open for Prayer:**

Mon-Fri 9am to 12pm and from 1pm to 5pm



## Mass Times

**Weekday Masses**

Tuesday: 6:00 p.m.

Friday: 6:00 p.m.

(Adoration of the Blessed Sacrament) 6:30 p.m.

**Confessions:** 15 minutes before each mass or by appointment

**Weekend Masses**

Sunday: 9:30 a.m.

### Baptism

Infants and young children of registered parents are eligible to have their child baptized. Baptisms are celebrated by appointment only and require a meeting with the priest.

### Marriage

Weddings for registered parishioners are generally celebrated on Saturdays. A Marriage Preparation Course is required. Please contact the pastor a minimum of one year before the planned marriage date.

### Ministry to the Sick

Please call the Parish Office to arrange for visits, Communion, or Sacrament of the Sick. If you are admitted to the Hospital, kindly identify yourself as "Catholic" at the time of admission

### St. Vincent de Paul Society

905-431-1796

### Catholic Cemeteries & Funeral Service

Resurrection Catholic Cemetery,  
355 Taunton Rd. E., Whitby, ON  
905-668-8912

### Schools

Msgr. Philip Coffey - 905-723- 4241  
Msgr. John Pereyma - 905-432-8470

### Finance Council

Maureen Nkwenti  
Walter Abela  
David Burns

We welcome new parishioners. Please register in the vestibule or call the parish office

**Festival of Faith for Christian Unity 2025:  
The Fatherhood and Care of God Who Rules the Universe**

You are invited to an ecumenical event on Saturday, February 15, 2025, at 10:00 a.m. at St. George's Memorial Church, 51 Centre St. S., Oshawa. It is organized by the St. George's Memorial Church, Sponsored by the Greater Toronto Area Council of Christian Churches, and the Archdiocese of Toronto.

**Mass Intentions**

A reminder that we are taking bookings for Mass Intentions for 2025. Please come to the office or call the office during office hours and book a Mass to be said for your own particular intentions.

**MASS Intentions**

<b>Sunday February 2</b>		
9:30am	Blessings & Thanksgiving	
Req. by:	Van Trung	
<b>Tuesday February 4</b>		
6:00pm	†Gilbert Simpson	
Req. by:	Alice Simpson	
<b>Friday February 7</b>		
**6:00pm	Adoration of the Blessed Sacrament	
6:30pm	Blessings & Thanksgiving	
Req. by:	Van Trung	
<b>Sunday February 9</b>		
9:30am	(1) †Sr. Maria's Parents	
Req. by:		
	(2) †Alfred Abela	
Req. by:	Walter Abela	

**Sunday Offerings for:**

January 26: \$1,765.00

Thank you for your ongoing generous support!



If you are interested in volunteering, please contact the office either by phone at: 905-725-3275 or email us at: [stphiliptheapostleos@archtoronto.org](mailto:stphiliptheapostleos@archtoronto.org)



**Serra House**

No prophet is accepted in the prophet's hometown. Do not be discouraged by jeers when considering priesthood, diaconate, or religious life. If God is calling you contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at: 416-968-0997.

Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org)

Website: [www.vocationstoronto.ca](http://www.vocationstoronto.ca)

**Grief, Mourning and Rituals - Part 2**

As mentioned before in Part 1, our grief holds all the feelings, thoughts and sensations experienced with the death of a loved one...and grief hurts! *Mourning* is how we release our grief. Mourning helps us to heal - it lightens the intensity of our grief. It allows us to become reconciled with our loss; to cherish the relationship we had with our loved one; and to make the transition to living life without them.

During the earlier times of mourning and for no apparent reason, the bereaved person can suddenly be overcome with grief and start crying. This is known as a *grief attack*. The bereaved person may feel embarrassed about losing control of their emotions. He or she needs to be assured that these outbursts are natural and will lessen as time passes. As always, they need to be gentle and patient with themselves.

There are as many ways of mourning as there are people. People mourn in their own quiet way by visiting the gravesite or mausoleum; going through photo albums; reminiscing with family and friends; having a votive candle present during special meals to acknowledge the loved one; wearing black. For Catholics, visiting the Blessed Sacrament and talking with Jesus; lighting a votive candle in front of the altar; or saying a rosary during the time of day when the sense of loss is most painful brings comfort. Time spent with nature, doing crafts or painting a picture allows the creative to flow and to lighten the grief. Getting away by visiting supportive friends and relatives may provide comfort and help with acceptance. Travel can help reignite a sense of beauty, wonder and awe. Watching movies brings much needed distraction especially if it is a good comedy since laughter lightens the journey. Being with children can bring solace and hope.

Rituals provide a safe and healing environment to mourn our losses. Our culture does not allow many opportunities for people to mourn in public, however, we do have some which we will cover in the next article.

Next article: **Grief, Mourning and Rituals - Part 3**



**In Person Grief Support Session**

February 6, 2025 @ 10:00 am

Topic: February Grief: purging and purifying

Register at: <https://nbgss0225.eventbrite.ca>

**Marriage Sunday 2025**

As part of Marriage Sunday 2025 celebration, Bishop Ivan Camilleri will preside at a special Mass to honour married couples, with special recognition for those celebrating 25<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup>, 60<sup>th</sup> or 60+ wedding anniversaries in 2025.

The Mass will take place at 2:30 p.m. **Sunday February 9, 2025, at St. Michael's Cathedral Basilica (65 Bond St., Toronto).** All married couples will have an opportunity to renew their marriage commitment.

All are welcome to attend. Couples celebrating a 25<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup>, 60<sup>th</sup> or 60+ anniversary in 2025 may register for reserved seating. Reserved seating is limited, so please register early. All other seating is on a first-come, first-served basis. Those who are unable to attend the Cathedral are invited to join the celebration via live stream Mass:

<https://www.stmichaelscathedral.com/live/>.

The broadcast will begin at 2:15 p.m.

**Reminder!!!!**

Please do not use envelopes from previous years as this causes confusion for our records. If you are a visitor to our parish, "WELCOME", but please only use the visitor envelopes available at the entrance of the Church. Thank you.



**SACRAMENT OF CONFIRMATION**

If you have a child who is ready to receive the Sacrament of Confirmation, please note that Registration will be on Tuesday, March 4<sup>th</sup> after the 6pm Mass. Confirmation Prep will start on Friday May 2<sup>nd</sup> at 6:45pm. Confirmation will be on Tuesday, June 17<sup>th</sup> at 6pm, unless otherwise indicated!



**Jubilee of Youth 2025**

Calling all young adults (ages 19 - 39), join Fr. Paul Magyar and the OCY team for a pilgrimage of a life time! Please fill out the form in the link below to receive updates about our information session and registration. **Event Details:**

**Date:** July 23 - Aug. 5, 2025, in Rome, Italy

**Interest Form:** <https://bit.ly/YA25Jubilee>



**Coffee Sunday**

THIS Sunday February 2, 2025 is Coffee Sunday.

All are welcome!

We are still looking for more volunteers.

Please call the office if you are interested.



**Baptism Catechises**

Registration is now closed!

Our next session will be on **September 13 from 10am-12pm.**

**Please Remember**

For those wishing to donate through the **Pre-Authorized Giving Program**, forms are available on our website at: [www.stphiliptheapostle.com](http://www.stphiliptheapostle.com) or you can find them at the back of the Church.

**MARRIAGE PREPARATION COURSE**

Holy Family Parish (91 Ribblesdale Dr. Whitby ON) will have Marriage Preparation classes on Friday, March 21st from 7:00pm to 9:00pm and on Saturday, March 22nd from 9:00am to 5:00pm. For more information and to register, please call the office at 905 665 6470 ext. 201 or email: [holyfamilywh@archtoronto.org](mailto:holyfamilywh@archtoronto.org)

**Natural Family Planning**

Trying to achieve pregnancy? The Billings Ovulation Method™ helps you to understand your unique patterns of fertility & infertility so you can have the best possible chance of conceiving. The initial presentation is held online. To register or ask questions go to: <https://www.naturalfamilyplanning.ca/>



If you are interested in volunteering, please contact the office either by phone at: 905-725-3275 or email us at:

[stphiliptheapostleos@archtoronto.org](mailto:stphiliptheapostleos@archtoronto.org)

**~Mark Your Calendars~**



**Ash Wednesday**

March 5<sup>th</sup>, 2025

*Ash Wednesday is a Day of Fast & Abstinence.*